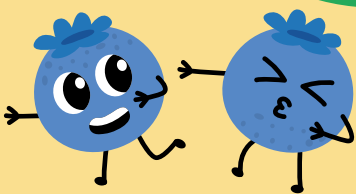




Fruits Of The Spirit

Easy Reader Pack



Church of Ireland ✝
Board for Ministry with
Children & Families



What can we learn from fruit?!



You probably know already that eating fruit is good for us? It gives us energy, helps us grow, and keeps us strong and healthy!

But guess what? The Bible talks about some really special fruits that can help us to grow in even greater ways!

A long time ago, there was a man named Paul who loved God a lot. He wrote a letter to help everyone understand how to live God's way. One of the coolest things he talked about was the Fruits of the Spirit! The "fruits" he talked about are: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

When we choose to follow Jesus, we invite the Holy Spirit into our lives. That means we have God's presence and power with us, guiding us like a special friend and helper who always knows what is best and helps us make good choices.

Just like real fruit grows from healthy trees, the Fruits of the Spirit are special qualities that help us to be better friends and helpers to others. These fruits come from the Holy Spirit and are like a treasure that we can grow inside us. So, let's discover these amazing fruits together and learn how to share them with the world!

"The fruit of the Spirit is: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control"

Galatians 5:22





LOVE

1 Corinthians 13: 4-8

Love is patient and kind.

Love is not jealous, it does not brag, and it is not proud.

Love is not rude, it is not selfish, and it cannot be made angry easily.

Love does not remember wrongs done against it.

Love is never happy when others do wrong, but it is always happy with the truth.

Love never gives up on people. It never stops trusting, never loses hope, and never quits.

Love will never end.



JOY.

Psalm 96

Sing a new song to the Lord!
Let the whole world sing to the Lord!

Sing to the Lord and praise his name!
Tell the good news every day about how he saves us!

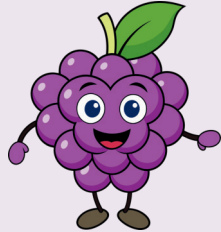
Tell all the nations how wonderful he is!
Tell people everywhere about the amazing things he does.

Praise the Lord, all people of every nation;
praise the Lord's glory and power.
Give the Lord praise worthy of his glory!

Let the heavens rejoice and the earth be happy!
Let the sea and everything in it shout for joy!

Let the fields and everything in them be happy!
Let the trees in the forest sing for joy
when they see the Lord coming!





PEACE.

Romans 12: 16-18

Live together in peace with each other.

Don't be proud, but be willing to be friends with people who are not important to others.

Don't think of yourself as smarter than everyone else.

If someone does you wrong, don't try to pay them back by hurting them.

Try to do what everyone thinks is right.

Do the best you can to live in peace with everyone.



Patience.

Romans 5: 3-5 & 15: 5-6

And we are also happy with the troubles we have.

Why are we happy with troubles?

Because we know that these troubles make us more patient. And this patience is proof that we are strong. And this proof gives us hope. And this hope will never disappoint us.

We know this because God has poured out his love to fill our hearts through the Holy Spirit he gave us.

Romans 5:3-5

All patience and encouragement come from God. And I pray that God will help you all agree with each other, as Christ Jesus wants. Then you will all be joined together. And all together you will give glory to God the Father of our Lord Jesus Christ.

Romans 15:5-6



KINDNESS.



Ephesians 4:29-32

When you talk, don't say anything bad.

But say the good things that people need — whatever will help them grow stronger.

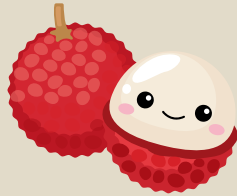
Then what you say will be a blessing to those who hear you.

Never be bitter, angry, or mad. Never shout angrily or say things to hurt others. Never do anything evil.

Be kind and loving to each other. Forgive each other the same as God forgave you through Christ.



GOODNESS.



Romans 12:9-13

Your love must be real. Hate what is evil.

Do what is good.

Love each other in a way that makes you feel close like brothers and sisters. And give each other more honour than you give yourself.

As you serve the Lord, work hard and don't be lazy.

Be excited about serving him!

Be happy because of the hope you have.

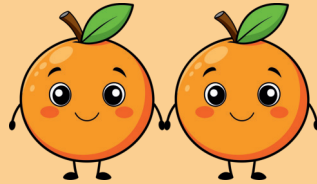
Be patient when you have troubles. Pray all the time.

Share with God's people who need help.

Look for people who need help and welcome them into your homes.



FAITHFULNESS.



Proverbs 3: 1-3

My child, don't forget what I teach you.

Always remember what I tell you to do.

My teaching will give you a long and prosperous life.

Never let go of loyalty and faithfulness.

Tie them around your neck; write them on your heart.

Proverbs 3:1-3



GENTLENESS.



Ephesians 4: 1-3 & Isaiah 40: 11

Live the way God's people should live, because he chose you to be his.

Always be humble and gentle.

Be patient and accept each other with love.

You are joined together with peace through the Spirit. Do all you can to continue as you are, letting peace hold you together.

Ephesians 4:1-3

"The Lord takes care of his people like a shepherd.

He gathers the people like lambs in his arms.

He carries them close to him.

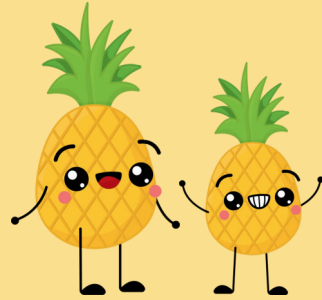
He gently leads the mothers of the lambs."

Isaiah 40:11





SELF-CONTROL.



1 Timothy 1: 7-8 & 2 Peter 1: 5-7

God did not give us a spirit that makes us afraid.

He gave us a spirit of power and love and self-control.

So do not be ashamed to tell people about our Lord Jesus.

1 Timothy 1:7-8

Because you have these blessings, you should try as much as you can to add these things to your lives: to your faith, add goodness; and to your goodness, add knowledge; and to your knowledge, add self-control; and to your self-control, add the ability to hold on; and to your ability to hold on, add service for God; and to your service for God, add kindness for your brothers and sisters in Christ; and to this kindness, add love.

2 Peter 1:5-7



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